Exploring Censorship in Music Therapy

How do we decide when to censor the music in our sessions? How do we minimize harm and maintain safety? How do White supremacy and oppressive systems impact these decisions? How does our countertransference impact these decisions? How do we advocate for change around censorship where we work? In this 5 credit, live CMTE we will explore these questions through verbal and musical exploration. Participants will be invited to share their experiences, thoughts and feelings. The course is open to creative arts therapists and students.



Discussions and music experiences will be facilitated by Audrey Hausig, MMT, MT-BC, who has extensive experience as a music therapist and as a clinical supervisor in mental health settings. Audrey's practice around censorship is continually evolving.

This course will be held on zoom on November 13, 2021 from 1:00-5:30pm **EST** Cost: \$60 This course is free for Black and Indigenous Music Therapists and Black and Indigenous Music Therapy Students as a form of reparations. Need based scholarships are available. (Full refunds are available until 24 hours before the start of the course, at which time payment is nonrefundable) **Register:** www.philadelphiamusictherapy/store or philadelphiamusictherapy@gmail.com

Learning Objectives: At the end of this course, participants will be able to:

- Identify 3 ways that censoring can be harmful to the therapeutic process.
- Identify 3 reasons censoring may be needed for client safety.
- Identify 2 of their own feelings that have impacted their decisions about when to censor.

Course Schedule: 1:00-5:30 pm EST

1:00-1:25: Introductions and intention setting

1:25-2:00: History of music censorship in the USA and its connection to White Supremacy

2:00-2:50: How do you feel when you censor and why?

2:50-3:00: Break

3:00-3:30: When is it harmful to censor?

3:30-4:00: When is it beneficial to censor?

4:00-4:30: How can you minimize harm when censoring

is necessary?

4:30-4:40: Break

4:40-5:15: Advocating changes to censorship rules

5:15-5:30: Closing intentions

Philadelphia Music Therapy



"Exploring Censorship in Music Therapy" is approved by the Certification Board for Music Therapists (CBMT) for 5 Continuing Music Therapy Education credits and 3 ethics credits. Philadelphia Music Therapy #P-203 maintains responsibility for program quality and adherence to CBMT policies and criteria. In addition, the provider is solely responsible for the registration process for this program, including pricing.